



## NA1 Program

The NA1 program requires both classroom lecture and clinical practice as part of the program.

Our objectives for the clinical experience at Mayview are as follows:

Our students should be exposed to and participate in the basics of nursing care. Especially the areas they will be tested on to become certified. The 49 skills are attached for your review and include the following basic skills.

Bathing, (bed/shower) bed making (resident in & out of bed) dressing, grooming (mouth care, hair, skin, nail care), patient safety, (body mechanics, transfer, side rails, turning & positioning), toileting, (intake and output, catheter care), Nutrition & hydration (feeding/special diets, preparation of resident for meals)

Also continuously monitoring the residents for physical, mental, emotional & social changes and report any changes to the nurse.